

T.A. Howard Athletics

Sports offered:

Cross Country
Volleyball
Basketball
Track
Tennis
Golf
Swimming
Football
Strength and Conditioning

Athletics at T.A. Howard is a privilege and our athletes are held to a high standards. Please find below few of the policies of our athletes:

PARTICIPATION:

Participation in the Athletic Program in MISD is a privilege not a right, and as such, the students will be held to a higher standard than that of the general population. Therefore, the rules and guidelines that are set in place by the Howard Coaches will be stricter than those delineated in the Student Code of Conduct and those of the school. We are excited to have you in our Athletic Program. Please understand that this is a serious commitment that will require your best every day.

Requirement for Athletes entering T.A. Howard

1. You must have an MISD participation packet on file before you can participate.
 - A. This **INCLUDES** a physical done by a doctor and the **participation packet**.
 - B. The participation packet **can only be completed online** and must be completed before the student-athlete may participate in any activity in athletics.
 - C. The participation packet can be found on the following website:
<http://tinyurl.com/tahsports>
2. PHYSICALS - APRIL 14, 2018 9AM-12PM \$10
 - Mansfield Methodist Hospital
 - REGISTER ONLINE at: <https://www.methodisthealthsystem.org/sports-physicals-sign-up/>
3. It is MANDATORY that your physical be turned in to Coach Grimsley, Coach Ho, or Coach McCall at Cross Timbers, or to the T.A. Howard front office **on or before May 18th**. If your physical is not turned in by this time you will not be place in athletics.
4. Strength and Conditioning will be offered June 11th – 28th and July 10th – 26th, Monday – Thursday from 7:30 – 9:30. We highly recommend that your athlete attends.
5. Remind is the only way you will receive communication. Please text @knightath to the number 81010.

Athletic Coordinators

Kathryn Otwell
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YOU WILL FIND ALL THE INFORMATION REGARDING T.A. HOWARD ATHLETICS ON THIS WEBSITE:

<https://mansfieldsports.rankonesport.com/AthleticPortal/School/Default.aspx?S=42>

IMPORTANT INFORMATION FOR ATHLETES ENTERING T.A. HOWARD ATHLETICS

Strength and Conditioning dates: June 11th – 28th and July 10th – 26th from 7:30 – 9:30 Monday – Thursday

Mandatory Gear Purchase: Gear – April 18th at Cross Timbers \$30

Physical/Medical History Form: Physicals/Online forms – May 18th

Football Tryouts: Begin the first week of school

Football Equipment: TBA

Volleyball Tryouts: TBA

All 2018-2019 UIL forms are now available and must be filled out online at: <http://tinyurl.com/tahsports>